



Yury Rockit exudes fitness versatility as a certified group fitness instructor (AFAA, GFIT), personal trainer (ACE), mindful movement & meditation specialist, and continuing education provider for these organizations. Yury is a dance-based choreographer with specialty training in the fields of Pilates, Yoga, Zumba®, Bender Ball®, TRX®, Gliding®, KettleBells®, & BOSU®, possesses specialty training from India, Nepal, Thailand, and USA, and is an integral judge of the SCW Fitness Idol statewide competition. He has presented at many key international professional fitness conferences like ECA World Fitness (NYC), IDEA World Fitness (LA), SCW Fitness Education throughout the USA, Studio One (Athens), FitnessTurk (Istanbul), and Asia Fitness Conference (Bangkok), as well as appearing in internationally- selling instructor training DVDs at SCWfit.com and Imperfekt Productionz®. Yury has owned of Ki Mind Body Studio in Hanoi, Vietnam, and most recently won the prestigious SCW Presenter of the Year Award. Yury now resides in NYC. Find Yury at www.yuryrockit.com.